

## QUARTZ CRYSTALS TO SUPPORT THE CREATION OF PURE CRYSTALLINE WATERS

*“May the fields of memory held in the fields of quartz be kept pristine. For thus it has been decreed by the Angelgod of quartz through the mother Crystal.”*

From the Power Sigil of Quartz, received by the Seer Almine

From communications with the Guardian of Quartz Crystal and an Angelgod assigned to support and propagate all potentials activated throughout all life, as well as other teachings of the Seer, the following is revealed about the role of Quartz crystal on the planet.

“Quartz crystal is to the mineral kingdom what the grandmother tree is to the other trees in the forest - it is the “terminal” of communication. The regent, the history keeper of the kingdom it is the steward over, the most evolved and the bringer of balance to the roles and wellbeing of the kingdom it is the guardian over. It is an ancient stone on Earth.”

“Quartz holds **the history of man. It provides a sense of continuity that allows humanity to perceive the lessons of the past** (which in turn helps to discern what is valuable and what is detrimental).”

When a true history is the foundational stepping stone of the present moment, highest potentials may be accessed in the moment unfolding – without true history, destiny is disrupted. History of ages past acts like a massive library where all that is needed in the moment to optimize potentials through recognizing them, arises as we call it forth through our attitude and trust and surrender to the One Life. When cut off from this library built upon ages of experience, humanity is lost.

What is little known too, is that water holds memory, and the disruption of quartz allows for false memory, and for the programming of water for nefarious ends. Activated Quartz used with the water alchemy of the Urusak Water device, leverages the power to activate communication of Truth and highest potentials possible for Earth evolution unfolding through individuated lives in telepathic communication. Earth is the central fractal pattern the whole cosmos, and humanity is the root race for all life, holding all potential in its DNA. The battle for the DNA of humanity is won through this alchemy.

Quartz is ubiquitous on the planet, precisely because it makes up the intercommunication hub to disseminate highest truth to all evolving beings. Acknowledged interconnectedness activates aliveness through resonance, and when the channels are pristine and unhindered, the communication becomes a source of vitality and generativity. The flow of communication from Source is the Infinite Fountain of abundant resources to support all life on the planet. A communication system interconnecting all life becomes the dynamo of perpetual and self-sustaining life force for physical life that is generative (non depleting).

The power to disseminate Infinite Intent to all life brings everything into the eternally unfolding moment, where all being are regenerated in source. Quartz restored and activated to its highest function supports regeneration to all life through the dissemination of highest truth being communicated across all Fields of Existence. It is foundational support to the New Reality of infinite energy generation through intercommunication.

True history may be considered like a mine that holds great treasures, - gems of insight that act as capacitors of new reality. When the flow of these gems is restored, humanity will enter into a time of exponential growth and awakening, such that higher possibilities will no longer be able to be suppressed on the planet. Through the Urusak activated waters of ‘truth’, if you will, you become such a capacitor of higher life, and innovative insights and potentials will be there for you in life.



## THE QUARTZ CRYSTALS

If you purchased your crystals from us<sup>1</sup>, then they will have been reconnected to the mother Quartz crystal, which the Seer has identified recently as being in a cave in the Andes in Peru. All of our Quartz crystals sit on Power Sigils to keep them at highest vibration in sync with highest evolutionary potentials.

If you are sourcing your own Quartz crystals to use with the device, we recommend a ceremony where you establish that connection. This upgrades the Quartz so that it is in communication with the mother Quartz crystal, and no longer able to serve the unreal.

This is done by using a Power Sigil for the Quartz, received by the Seer in 2022 in support of all the tools being developed to clear spaces and water. The Quartz Power Sigil further purifies the Quartz of all memory of abuse from harmful mining practices and chemicals used in cleansing Quartz. This Power Sigil is available at the end of the document.

Once reconnected (only necessary if you source your own), follow with the process to cleanse and activate the six clear or smoky quartz crystals<sup>2</sup>.

### Reconnecting your Quartz Crystals to the Mother Quartz

The whole alchemy of the Urusak is one of reconnecting to Source, as the water is activated at the still-point of surrender to the One Life flowing through.

The mother Quartz is the Source of power for the Quartz on the planet, and the misuse by black magicians has disrupted the role of the Quartz intercommunication to hold the true history of the cycles so that the being on the Earth can know and follow true destiny.

Almine has described black magic in general terms, as attempts to impose one's will on life. And so there are degrees. There is outright ill-intended rituals to enslave beings on the planet, and then there are misguided 'good' intentions' to fix and save done my lightworkers. Both have harmful consequences, so it is recommended for lightworkers to understand how to approach healing and ceremony to enhance life from wholeness and in complete surrender, rather than thinking anything is out of place and that what is best for life can even be known from our limited vantage point. Only in surrendered trust to life's perfection, can we be cooperative co-creators of higher solutions.

In communication with the Guardian of the Quartz, Almine found that the intentional enslavement of humanity by shadow beings had totally disrupted the Quartz on the planet. As discussed above, when history is distorted to a great extent, destiny gets disrupted and false timelines are easily inserted. How this takes place on a global scale is as follows:

Quartz crystal stores, releases, and amplifies information, and it is the Earth's network of intercommunication across all life forms. The human brain has 5 crystals that are targeted when black magic rituals are done that use massive power from very large pieces of Quartz. In her communications with the Quartz, the Seer was told about one such project currently underway by a big military power, and this is an example of the whole Quartz network being disrupted.

Quartz has a function in bridging inner and outer space, and if its communication network were to remain disrupted, humanity would effectively be cut off from guidance from Source altogether, which was the endgame of shadow.

<sup>1</sup> From [urusakwater.com](http://urusakwater.com) or [academyofalchemy.com](http://academyofalchemy.com)

<sup>2</sup> Use only clear or smoky Quartz. These are the best stones to amplify alchemy, and to serve to communicate the leveraging effects to all life on the planet. Smoky is said to act as 'smudge', that takes the impure and makes it pure. There is no preference, and both options are good.



But the corollary also holds, and as lightworkers awaken and root in inner space, humanity will be reconnected to Source by the few who will be a communication bridge of Infinite Intent to the many.

When the Quartz on the planet is healed and reconnected to its mother Source of power, Quartz crystals will be restored as carriers of Infinite Intent, forming a fluid network of 'Crystal Waters' that communicate and receive from all life forms. And all beings on Earth will be in telepathic communication... in one-mindedness and devotion to nurturing the planet as Home to the great diversity of Creation. In telepathic communication, the awakening of humanity and the kingdoms of the Earth will enter become exponential.

### Quartz as part of free energy generation

In the communications with 'penpals' in the Star Transmissions book, one of the beings explain that there can be no energy shortage on the planet, because sound and light shot through crystal produces immense power. The implication is that since Quartz crystal is so ubiquitous, its use would eliminate the energy issue on the planet.

We know that Lightworkers operating from wholeness, act as proxy for all life – so in effect, through those in the mastery of wholeness, what is achieved within is out-pictured in outer reality.

It is known that many parts of the body are liquid crystal and crystalline structures. For example the pineal gland, DNA, blood, ... there are crystals in ears in eyes, in bones.

In addition to this, we have activated many crystals in spine and joints through gemstone alchemy<sup>3</sup>, and also through the *Qi Vesta* we have crystalline structures activated throughout the body. We are also activating the chakras so that we eventually we will be fully emitting Tonal Luminosity, from bodies that a fluid field of this merged tone and light. So when all this is activated, our self-communication in tonal luminosity, through the crystalline network in our bodies will produce immense energy, such are we become a source of energy to our reality.

Almine has stated on numerous occasions, that free energy technology on the planet will come to light and be used, when we become our own source of energy. Everything is lining up for this, and as we achieve the full mastery of the Song of the Cells, which is the outcome of drinking the Urusak waters, Tonal Luminosity will 'shoot through' the crystals within, and without, and there will be excess energy for all beings to regenerate and flourish on the planet.

And as we have entered a new phase of life where frequency is ascending and we now explore "what we are"<sup>4</sup>, every effort we make with these alchemical tools and activations will have a direct effect on life unfolding on the planet.

### Steps to cleanse your Quartz

Note: There are many ways that people cleanse their crystals. Below is what the Seer has given as an effective way.

Set up a ceremonial space that you can leave undisturbed for 24 hours.

<sup>3</sup> See the resources on [www.academyofalchemy.com](http://www.academyofalchemy.com)

<sup>4</sup> See the [www.alminediary.com](http://www.alminediary.com) for posts made in January 2023 to read about all the big changes on the planet..



In preparation, rinse your Quartz in running water for about 1 minute per stone. Ideally, your water is enlivened from the Water Power Wheel placed at the source of the incoming water to your home. If not, you can always run them in water after, when you have that set up.

(Recommended by the Seer) Cover your Quartz crystals with sea salt for three days, with the Quartz Power Sigil placed underneath the bowl. Use high quality sea salt.

(Additional steps recommended) - Connect to the Quartz Guardian each day, and acknowledge and be in gratitude for its service to fulfill its highest destiny at this time. Also daily, call on the Angelgod of Quartz and ask that it support the full clearing and activation of your Quartz crystals, so that they serve in establishing the channels of intercommunication to support telepathic communication and flow of true history, higher truth and Infinite Intent on the planet. See, feel, sense the impact of this to all beings on Earth.

Once cleansed, remove the crystals from the salt.

Note: You will not need to cleanse your quartz again, as the alchemical wheels they sit on keep them at high vibe, and the device as a whole is a 'holy' object attuning to reality at ever higher orders.

### Steps to reconnect your Quartz to the Mother Crystal

Reconnect your Quartz pieces after having cleansed them.

Set up a ceremonial space that you can leave undisturbed for 24 hours.

Have the Power Sigil for Quartz printed in large, and all your Quartz pieces on it, or have six small Power Sigils and each Quartz sitting on its own one.

Have a list of all the powers of activated Quartz and feel into each one.

As a optional but powerful step, feel how you might best cooperate with its powers, so that your shifts are part of the alchemical leveraging. For example:

- You might examine where you have bound life with 'golden chains of good intentions', through trying to impose your will and seeing things as imperfect and needing to be fixed, and release those patterns and beliefs ...
- You might clear EMF and 5G disruption in your space, as a proxy action for all life. As part of that, you might wean yourself off social media and cell phone use, so that they become tools and no longer tyrants ...
- You might examine how and why you speak, and ensure that all speech comes from deep impulse of inspiration within, and is not intended to impose opinion or make impressions (imprint) on others.
- Etc. There are many considerations, and go into it as inspired.

Call on the Angelgod **Trenevich-veleshvahir**, and the Quartz crystal Guardian **Reeshnabeek**, and ask that planetary Quartz as an intercommunication system for Infinite Intent be restored and that your awakening through the Urusak's activated waters be instantly communicated to Quartz pieces supporting this alchemy.



Connect to the mother Quartz, in a cave in the Peruvian Andes, and state the intent of the Power Sigil:

*“May the fields of memory held in the fields of quartz be kept pristine. For thus it has been decreed by the Angelgod of quartz through the mother Crystal.”*

Then add something to the effect of:

*“May all my communications come from highest truth, and may I release false memory and see only perfection unfolding through all the experiences of my life. May I cooperate with all potentials waiting to be unlocked in quartz, such that they activate in my body. May my self-communication from highest truth and self-transparency become a source of self-sustenance, and may this be proxy for the Quartz network on Earth to bring tremendous power to support all beings in their evolution.”*

Leave things undisturbed for 24 hours, and at three separate times during the day, go to the ceremonial space and with hands on the quartz pieces:

1. Open in Head center (mind) to be in direct communication with Source through the silent uncluttered mind, and commit to this to the mother Quartz, so that you become a cooperative participant in support of its function. Feel what you are committing to... and ask that the mother Quartz take in these quartz pieces into her Heart, so that they are eternally sustained at highest vibration.
2. Open in Heart to be inclusive of all life, so that your heart becomes a hub that interconnects all life. As stated above, “Acknowledged interconnectedness activates aliveness through resonance, and when the channels are pristine and unhindered, the communication becomes a source of vitality and generatively.” Commit to this to the mother Quartz, so that you become a cooperative participant in support of its function. Feel what you are committing to... and ask that the mother Quartz take in these Quartz pieces into her Heart.
3. Open in body (Gut center), to resist nothing and by innocence in being, you activate the capacity to dissolve the unreal and untrue, so that you generate pure power to serve life ever new. Commit to this to the mother Quartz, so that you cooperate with its function to flow truth through a pristine communication network that becomes a source of power for all life. Feel what you are committing to...and ask that the mother Quartz take in these quartz pieces into her Heart and imbue them with her power, that they may act as one.

And imagine your Quartz powerfully activated as though in the very presence of the mother Quartz and source of higher powers.

### Additional steps (optional)

For those who are trained in the Bird Clock and the method to create power objects, expand the procedure to include the activation of your Quartz as power objects to establish a pristine communication system for Infinite Intent, and new source of infinite power on Earth.

You would place your six Quartz pieces in the center of the Bird Clock, feel into all the functions as discussed previously, including reconnecting to the mother Quartz through Head, Heart, and Gut, and write out intentions for your crystals as power objects that will awaken and hold ever greater information as you deepen with the alchemy of the Urusak. Do the three portals intentions, create the 5-pointed Power Sigil, and use the sentences of magic given to create power objects. This is kept in place for 24 hours.



## Cleansing crystals in brain and body through the night

Given the information above, one thing recommended for everyone who works with the Urusak Device, is to have an activated Quartz crystal on your bed stand (with the Power Sigil under it), and every night ask that the crystals in the brain and body be cleansed of programming so that they are restored to being exclusive transmitters and receivers of highest truth and Infinite Intent.

For added power, you may stack up the Power Sigils of the 5 Minds that leverage to the One Eternal Mind, and on top of that, place the Power Sigil to Establish Communication with the Infinite.

This is elaborated upon in the deep dive materials.

An exercise given by Almine, is to establish silence in the mind, as that is how we leave linear time and enter into a timeless existence, where we are in continual communication with the Infinite. Here is a post where she gives a suggested exercise for this:

<https://www.alminediary.com/establishing-silence-of-the-mind/>.

Other practices are regular meditation where you expand out and go into deep silence... no focus, no intent, other than to still the mind. And yet other practices are the 3-centers alignment, where Head, Heart, and Gut are in deep harmonious communication.<sup>5</sup> In High Alchemy, the power of the alchemy is greatly enhanced by the stillness in mind of the practitioner.

<sup>5</sup> 3-center alignment meditations and teachings may be found on [adventuresinboundlessness.com](http://adventuresinboundlessness.com), or on [academyofalchemy.com](http://academyofalchemy.com)





CREATED BY THE SEER ALMINE - COPYRIGHT 2023 © SPIRITUAL JOURNEYS, LLC. ALL RIGHTS RESERVED

*Power Sigil for Quartz*



URUSAK  
WATER ©

COPYRIGHT 2014-2023 © URUSAKWATER.COM. ALL RIGHTS RESERVED.  
COPYRIGHT 2023 ANITA L. ZARKEL © ACADEMYOFALCHEMY.COM. ALL RIGHTS RESERVED.

VERSION 1.0